You Feel Good All Over

Choreo: Karen Tripp, December 2011

Rhythm: Waltz

Description: Beginner, 48-count, 4-wall line dance, 1 easy tag Music: T.G. Sheppard

Album: T.G. Sheppard, the Very Best of, Available on iTunes Wait: Starts immediately on vocals, left foot lead

TWINKLE; FRONT WEAVE 3

- 1-2-3 Cross left over right, turn slightly left face as you step right next to left, step left
- 4-5-6 Cross right over left, steps side on left, cross right behind left

SIDE DRAW LEFT, TOUCH; FULL TURN RIGHT

- 7-8-9 Big step side on left, drag right toe towards left, touch right beside left (prep for a right face turn)
- 10-11-12 Step side turning 1/4 right, continue rotation right face turning 1/2, continue rotation 1/4 more to end where you started

CROSS LUNGE RECOVER SIDE; CROSS LUNGE RECOVER SIDE

- 13-14-15 Cross left over right (extend arms to sides), recover on right, side on left
- 16-17-18 Cross right over left (extend arms to sides), recover on left, side on right

CROSS LUNGE, RECOVER, 1/4 LEFT; PIVOT 1/2 AND FORWARD

- 19-20-21 Cross left over right (extend arms to sides), recover on right, turn 1/4 left and step left
- 22-23-24 Step forward on right, pivot ½ left and step left, step right forward

FORWARD BASIC; BACK, POINT, HOLD; FORWARD BASIC; BACK POINT, HOLD

- 25-26-27 Step forward on left, step right next to left, step left in place
- 28-29-30 Step back on right, point left toe to left side, hold for one count
- 31-32-33 Step forward on left, step right next to left, step left in place
- 34-35-36 Step back on right, point left toe to left side, hold for one count

FULL LEFT TURNING BOX

- 37-38-39 Turn ¹/₄ left and step left forward, step right next to left, step left slightly back
- 40-41-42 Turn ¹/₄ left and step right back, step left next to right, step right slightly forward
- 43-44-45 Repeat steps 37-39
- 46-47-48 Repeat steps 40-42 (facing 3:00)

TAG: At the end of wall 3 facing 9:00, Forward 1/4 left turn, Back, Point, Touch (end 6:00)

- 1-2-3 Turn ¹/₄ left and step forward on left, step right next to left, step left in place
- 4-5-6 Step back on right, point left toe to side, hold

Dance ends facing front; point left foot to side and hold.

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