

# Tongue Tied

Music: Tongue Tied by Earl (3:06 mins)  
Choreo: Karen Tripp, [karen@trippcentral.ca](mailto:karen@trippcentral.ca)

Level: High Beginner  
Genre: Pop, Tempo: 107 bpm

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Sequence: Wait 8, AA B C ABC DB C\*

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## Part A (32 beats)

(8) 2 Charlestons  
(4) 1 Rocking Chair 1/2L  
(4) 1 CrossOver Rock  
(8) 2 Bad Stamps  
(4) 1 Triple  
(4) 1 Karate Kick 1/2L

**Repeat Part A**      2 Charlestons, Rocking Chair 1/2L, CrossOver Rock, 2 Bad Stamps,  
Triple, Karate Turn 1/2L

## PART B (32 beats) (0:40 mins, chorus)

(4) 2 Slurs L  
(4) 1 Toe Tapper  
(8) *Repeat 2 Slurs, Toe Tapper*  
(8) 1 Cowboy  
(4) 1 Fancy Double  
(4) 1 4-count Roundout

## PART C (32 beats) (0:58 mins)

(8) 1 Simone  
(4) 1 Turning Pushoff 1/2R  
(4) 1 Fancy Double  
*Repeat to face front*

**Repeat Part A**      2 Charlestons, Rocking Chair 1/2L, CrossOver Rock, 2 Bad Stamps,  
Triple, Karate Turn 1/2L

**Repeat Part B**      2 Slurs, Toe Tapper, *repeat*,  
Cowboy, Fancy Double, 4-count Roundout

**Repeat Part C**      Simone, Turning Pushoff 1/2R, Fancy Double, *Repeat*

## PART D (32 beats) (2:11 mins)

(4) 1 Stomp Double L  
(4) 1 Triple Slur R  
(8) *Repeat above steps with opposite footwork*  
(4) 1 Triple Brush Fwd  
(4) 1 Triple Back  
(8) 8-count Roundout

**Repeat Part B**      2 Slurs, Toe Tapper, *repeat*,  
Cowboy, Fancy Double, 4-count Roundout

**Repeat Part C\***      Simone, Turning Push 1/2R, Fancy Double, Simone,  
Turning Pushoff 1/2R, Double Basic (DS DS RS)

**Step Breakdown For Tongue Tied**

**Choreographed by Karen Tripp**

(4)	1 Charleston	DS L &1	Tch(f) R &	H L 2	Toe(b) R &	H R 3	RS LR &4		
(4)	1 Rocking Chair 1/2L	DS L &1	Br(up) 1/2L/H R/L &2		DS R &3	RS LR &4			
(4)	1 Crossover Rock	DS L &1	DT(xif)/H R &2		DT(unx)/H R &3	RS RL &4			
(4)	1 Bad Stamp	DS L &1	Sta(f) R &	RS RL 2&	Sta(f) R 3	RS RL &4			
(4)	1 Karate Kick 1/2 L	DS L &1	Kk R &	Lift (1/2L)/H R/L 2	(p) R &	S R 3	Kk L &	Lift/H L/R 4	
(2)	1 Slur L	DS L &1	Slur(b) R &	S R 2					
(4)	1 Toe Tapper	DS L &1	Tch(f)/H R/L &2	DT(ots)/H R/L &3	Tch(b)/H R/L &4				
(8)	1 Cowboy	----- moving forward -----				----- moving back -----			
		DS L &1	DS R &2	DS L &3	BrUp/H R/L &4	DS(xif) R &5	RS LR &6	RS LR &7	RS LR &8
4)	1 Fancy Double	DS L &1	DS R &2	RS LR &3	RS LR &4				
(4)	1 4-count Roundout	DS L &1	T-H(xif) R-R &2	T-H(b) L-L &3	T-H(ots) R-R &4				
(8)	1 Simone	DT(b)/H L/R &1	BrUp/H L/R &2	Tch(xif)/H L-R &3	Tch(xif)/H L-R &4	Tch(f)/H L-R &5	Tch(xif)/H L-R &6	DS L &7	RS RL &8
(4)	1 Turning Pushoff 1/2R		DS L &1	RS RL &2	RS RL &3	RS (turning 1/2 R) RL &4			
(4)	1 Stomp Double	(p) &	Sto L 1	DS R &2	DS L &3	RS RL &4			
(4)	1 Triple Slur	DS L &1	DS(xif) R &2	DS L &3	Slur(b) R &	S R 4			
(8)	1 8-count Roundout	DS L &1	T-H(xif) RR &2	T-H(b) LL &3	T-H(ots) RR &4	T-H(xif) LL &5	T-H(b) RR &6	T-H(ots) LL &7	T-H RR &8

<u>Legend</u>
b: Back or behind
ba: Ball of foot
Br(up): Brush Up
Dr: Drag back
DS: Double Step
DT: Double Toe
f: Front
H: Heel click
Kk: Kick leg out in front
Lift: Bend knee and lift leg
(p): Pause
ots: Out to side
RS: Rock Step
S: Step
Sta: Stamp (no weight)
Sto: Stomp (with weight)
T: Toe
TH: Toe Heel
Tch: Touch
Unx: Uncross
xib: Cross in back
xif: Cross in front